

The Melting Pot: Diversity is the Spice of Life

Instructor: Cheryl Blank-Zeichner

Students: Grades 3-5

Purpose: Use food that is very unusual to introduce geography and diversity to students.

Objectives:

1. Students will show where foods are from using 4 out of 7 continents.
2. Students will learn to taste foods from other cultures.
3. Students will learn spices used around the world.
4. Students will learn to respect the culture of others through food.

Procedures:

1. Label continents on an overhead.
2. Have students smell and taste the spices (show similarities/differences).
3. Paste some of that spice on the correct continent.
4. Take children's cookbooks from 5 different cultures and find the spices that the students tried.
5. Cook dumplings using Chinese spices.
6. Choose recipes from cookbooks to try in school.

Assessment:

Have students draw and write about various foods and spices found in different locations.