

J-1 Student Intern Qualifications, Requirements, and Restrictions

Student Intern's MUST:

- Be engaged in full-time in a supervised and structured internship at a minimum of 32 hours per week.
- Be a foreign national.
- Not exceed a total length of 12-months under the J-1 Student Intern category (12-month maximum duration of stay).
- Be currently enrolled in and pursuing a degree at an accredited post-secondary academic institution out of the United States (referred to as "home institution").
- Pursue a structured internship that fulfills the education objectives for applicant's current degree program at their home institution.
- Have verifiable English language skills sufficient to appropriately participate in the UF internship environment and to function in daily U.S. life outside of the internship environment.
- Be in good academic standing with their home institution.
- Return to the academic program with their home institution, upon completion of the internship opportunity, to fulfill their current education degree requirements.
- Have sufficient means of financial support, including any requested J-2 dependents, for the entire length of the internship.
- Maintain appropriate health insurance, including for any requested J-2 dependents, for the entire length of the internship.
- Be in the United States to primarily engage in a student internship program rather than to engage in employment or provide services to an employer.
- Be assigned tasks that are necessary for the completion of the student internship opportunity.
- Be exposed to American techniques, methodologies, and technology which expands the applicant's knowledge and skills, and which do not duplicate the applicant's prior experience.
- Be engaged in activities which solely aims in achieving the objectives of the applicant for the successful completion of the student internship opportunity.
- Engage in activities that are consistent with work-based learning, rather than standard/ordinary employment or unskilled labor.

Student Interns may NOT:

- **Engage in a position that involves unskilled or casual labor, child or elder care, aviation, or any work/activity that involves patient care or contact.**
- Engage in more than 20% of clerical work.
- Engage in an internship to fill a labor need.
- Be involved in a staffing or employment agency in any way.
- Graduate prior to or during the UF internship time.

Taking UF Courses

A student intern is permitted to take UF courses during their UF internship program however taking courses cannot be the primary purpose of activity under the Student Intern category and cannot count towards the overall requirement of engaging in the minimum 32 hours per week of structured internship. Courses cannot interfere with the overall internship objectives. Student Interns who wish to

take UF courses would pay the **non-residency tuition rate**. Please note the health insurance requirements for those taking UF courses would be different and elevated. The basic J insurance requirements do not meet UF's student insurance requirements (Affordable Care Act) thus appropriate coverage would be required for those taking UF courses (UF required coverage is more expensive than most basic J insurance policies).